



EDITION 2

- TVAC -  
**TALK**



A student run newsletter, bringing you big events,  
student led interviews, and guest speakers!

# — MEET THE TEAM —



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# LETTER FROM THE EDITOR P2

Hello!

Welcome to Edition 2 of the 'TVAC Talk'. Things are off to an exciting start this term at TVAC. Over the holidays, our TVAC Senior Basketball Team competed in the Gold Coast Invitationals and were able to score 3rd overall!

Now that term has started, it is starting to sink in that not only is this the final term for our Year 12's, but we still have plenty of exciting activities ahead! In Week 3, we had our Athletics Carnival and for the first time, it was off site! As a teacher it was thrilling to see a range of students from different year levels and athletic talents get involved and engaged in a variety of activities and sports.

Whether it was seeing students attempt to jump over a height taller than me, or sprint faster than I could process, it was inspiring to see the friendly spirit that was present amongst all present. Seeing students cheering on the primary students, running alongside them during the sprints, or watching seniors help organise relay events with a gaggle of Year 7's surrounding them was a sight to behold. Ultimately, it was a day in which I was proud of our students and school culture. Having a school culture that is founded on the basis of supporting and lifting each other up is biblical. Throughout the bible, we have a multitude of guiding verses that explicitly teach us, the TVAC community, how to gain this culture. One verse that I have been thinking about recently is found in 1 Thessalonians 5:11 "Therefore encourage one another and build each other up, just as in fact you are doing". Although this edition is focusing on sport, the concept of 'building each other up' or supporting one another is something that the TVAC Talk ultimately aims to achieve for all areas of our community.

Whilst it is undeniable that we have a range of fantastic sporting articles ahead of us in this edition, I wanted to take this opportunity to discuss some of the exciting events that are upcoming in Term 3. Not only do we now have a Table Tennis competition running regularly with both staff and students involved, but we also have one of the biggest musical events of the year coming up, the Scent Concert! The Scent Concert is one that highlights the true musical capabilities of not only our students, but staff and the local church community. This event is not to be missed and will be running this Saturday night. See the advertisement for more information.

Similarly, there are many exciting destinations coming up for the TVAC Choir, with tours and performances planned. This upcoming term will be a blessing I am looking forward to!

God bless,

Lauren Fua





# LETTER FROM THE STUDENT P3

With the Commonwealth Games coming to an end a few weeks ago, this edition of TVAC Talk focuses on the community of sport within TVAC. I do admit, I am not a big sportsperson myself, and I was actually more excited to see what the Royal Family did at the Commonwealth Games, but even I am not immune to the sense of community events like these create.

The Commonwealth Games are even known as the 'friendly games'. In fact, a letter from Reverend Cooper in The Times newspaper in 1891 suggested the Commonwealth Games be created "as a means of increasing goodwill and good understanding of the British Empire".

Unlike the Olympic Games, everyone in the Commonwealth Games is able to communicate with each other in a shared language, creating that friendly atmosphere despite the competition.

Similar to the Olympic Torch Relay, the Commonwealth Games holds The Queen's Baton Relay, which began in October 2021, and passed through Australia in March 2022. The Birmingham 2022 Commonwealth Games states "this collective journey will ignite hope, solidarity and collaboration, as it connects communities, embraces unique cultures and shares inspirational stories."

Over 294 days, over 7,500 people have carried the baton across 140,000 kilometres, spending time in 72 countries to "witness moments of celebration...and explore iconic landmarks". The Commonwealth chooses the baton bearers by people who:

- "Are always willing to take on a challenge and has a unique and inspiring story;
- Have made a meaningful contribution to sport, education, the arts, culture, or charity;
- Are a figure of inspiration that positively challenges others to achieve their best;
- Have taken on a challenge or cause and made a positive impact within their community."

As we highlight and celebrate sporting culture and achievements here at TVAC, keep in mind that the Commonwealth Games isn't all about sport. As friendly competition, sport is an avenue to inspire others, challenge yourself and draw people closer together as a community.





Gold: **Andrews** (2741 pts)

Silver: **Haskell** (2621) pts

Bronze: **Bates** (2509) pts



## Age Champions

(13 Years Old)

Age Champion: Chloe (Yr 7)

Runner Up: Ruby (Yr 7)

(13 Years Old)

Age Champion: Dylan (Yr 8)

Runner Up: Solomon (Yr 7)

(14 Years Old)

Age Champion: Tara (Yr 8)

Runner Up: Milla (Yr 8)

(14 Years Old)

Age Champion: Levi (Yr 8)

Runner Up: Aaron (Yr 8)

(15 Years Old)

Age Champion: Chloe (Yr 9)

Runner Up: Leila (Yr 9)

(15 Years Old)

Age Champion: Jackson (Yr 8)

Runner Up: Balin (Yr 8)

(16 Years Old)

Age Champion: Carmen (Yr 10)

Runner Up: Mia (Yr 10)

(16 Years Old)

Age Champion : Jacob (Yr 11)

Runner Up: Zye (Yr 10)

(17 Years Old)

Age Champion: Natalia (Yr. 11)

Runner Up: Lucienne (Yr. 11)

(17 Years Old)

Age Champion: Micah (Yr 11)

Runner Up: Noah (Yr 11)

(18 +)

Age Champion: Ruby (Yr. 12)

Runner Up: Tiffany (Yr. 12)

(18 +)

Age Champion: Lucas (Yr 11)

Runner Up: John (Yr 12)



# TVAC SPORT - TERM REVIEW P5

Last term, grades 7 to 10 played a game of 'Round Robin' every Wednesday. We would rotate between different sports for the last 2 classes of the day. The sports that we played were basketball, touch football, soccer, netball, ultimate frisbee and soft hockey. The students were divided into separate teams and by the end of the term, the group who had won the most games and earned the most points would win a prize. The winning team by the end of last term was the "No No No" team, and the winning prize was a \$30 Rebel sport voucher for each member of the team. The runners up were "Swish" and they won a \$10 canteen voucher each. In third place were the "Flamingos", who won a \$5 canteen voucher as their prize.

Two students that participated in the Round Robin competition reflect on their semester of sport.



**Chloe- Year 7**



**Ty - Year 8**

**Q. What was your favourite sport we played during round robin last term and why?**

"Soccer and basketball, because they are some of my favourite sports."

(Chloe)

"Soft hockey, because you were able to smash the ball around."

(Ty)

**Q. What team was the hardest to play against? What do you think they did well?**

(No no no's and Flamingos. They had really good teamwork and players.

(Chloe)

Swish, because all their team members were good at sport.

(Ty)

**Q.If there was a 'working the hardest' award, who do you think deserved it and why?**

I feel like all the players in a team make a difference. All the teams had players that had very good teamwork and encouraged their teammates/had good sportsmanship.

(Chloe)

Levi, because he worked well in all the sports, especially basketball.

(Ty)





# TVAC SPORT - TERM REVIEW P6

**Q.What was your least favourite sport we played last term/semester?**

They were all fun, I don't have a least favourite.

(Chloe)

Netball, because it was harder to get the ball up the end to score.

**Q. What was one of the funniest moments during the games at Round Robin?**

When our team was very tired and Mr. Fua Jr started counting down from 10 seconds. Then, Tara scored on the last second, giving us the win!

(Ty)

See below for some photos of 2022 Semester 1 Sport!





*Let us run with endurance  
the race  
that is set before us.*

HEBREWS 12:1



Over the course of the winter break, the TVAC Senior Boys Basketball team competed at the Gold Coast Invitationals held at Hillcrest Christian College. This year has been a fantastic year for the TVAC basketball program, with teachers Mr. Fua and Mr. Pleskovic leading out a school wide basketball training program. The dedicated students and teachers meet regularly before and after school to develop their skills, and bond over a shared interest in sport. The program involves students learning both basketball skills, teamwork, as well as developing their knowledge of the bible through worships.

The training and efforts of both teachers and students alike culminated in the success at the most recent competition. The 2022 Gold Coast Invitationals was a **three-four** day long competition with a wide range of schools involved. Our senior team was comprised of 10 boys led by captain John, and successfully competed in the competition - making it to the finals and eventually placing third overall!

Mr Fua Jnr and Mr Pleskovic provide their perspectives following this great achievement below:

**Q. What was a highlight of the competition for you?**

The highlight for me in this competition was the comeback against All Saints College in the last quarter. We were down by 15 at half time, but rallied and were able to come back to win by 15 points! Really awesome to see. (Mr. Fua)

The highlight of the competition was playing Chisholm College in the Semi and only losing by 2 points. They were supposed to be in Div 1 and ended up in Div 2. They beat every other team by 20+ points (Mr. P)

**Q. The grand final was played in the semi-finals, is that correct?**

We were up against Chisolm in the semi-final and lost by 2 points, however the team who actually progressed to the grand final lost to Chisolm by 20 points. (Mr. Fua)

Yes we played Chisholm in the Semi who were the eventual winners.



## **Q. What is the next big achievement that you and the team is working towards?**

Next big achievement for the TVAC basketball squad is NCIS and then Nationals later this year. (Mr. Fua)

We are looking forward to the NCIS Gala day in T4 and also attending the Australia School Champs on the Gold Coast in December (Mr. P)

## **Q. What is one piece of advice for students wishing to get involved in playing basketball?**

It is a great game, you get to develop skills and hang out with your friends. Come along to training to see for yourself! (Mr. Fua)

Come along to trainings and join in the fun! It's about having a go and improving and making some good friends. I am reminded of this quote "Success is peace of mind which is a direct result of self-satisfaction in knowing you made the effort to become the best of which you are capable". (Mr. P)





# BATES



# -2022-

## 1 What house are you in and what is your favourite event?

I am in Bates' house which is yellow. My favourite event is the Athletics carnival!

## 2 Do you have a favourite sport memory from your childhood?

My favourite memories from my childhood have to do with the cross country event, because until Year 7 I had won every single cross country event!

## 3 What has been your favourite sports carnival this year, and why?

I have been unable to attend most of the sports events this year because of a past injury. I was lucky enough to attend the swimming carnival this year which was really special because it was my last one. It is always awesome to see all the different year levels work together and get involved!

## 4 What is a sport that you think more people should spend time playing?

Soccer!

## 5 Outside of sport, what is one thing that you enjoy doing?

Motorbike riding and 4wd are probably the things I enjoy the most outside of sport!

## 6 How have you found being a House Captain? What advice do you have for future captains?

It has been a privilege and honour to represent the Bates house. My advice would be to always give it your best and try your hardest to encourage students to get the most participation points.

## 7 What is one Bible verse that you enjoy the most?

"Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go." Joshua 1:9

This verse really speaks to me because it encourages me that wherever I am in life Christ is right there by my side no matter what happens.



# HASKELL



# - 2022 -

### **1 What house are you in and what is your favourite event?**

I'm in Haskell and my favourite event is easily shot put (or any of the events that don't involve running or jumping).

### **2 Do you have a favourite sport memory from your childhood?**

My favourite sports memory from my childhood is when my school girls rugby 7s team won the local comps and went to state with only 8 players and won against Sydney teams that had 15+ girls ('girls' who were literally bigger than most 25 year old blokes) on their team and could do an entire team swap at half time.

### **3 What has been your favourite sports carnival this year, and why?**

The Athletics carnival this year is probably my favourite because all the girls in our age group were chill and weren't aggressively competitive, it made the day/events fun.

### **4 What is a sport that you think more people should spend time playing?**

Hide and Seek. It is superior. However a genuine sport I would recommend is Long ball. I think that Long ball is severely under appreciated and was potentially my favourite sport in school, majority of people probably don't know what it is and will tell me it's only played in the middle of woop woop which I won't argue but still, it's probably the only sport i'm willing to run for.

### **5 How have you found being a House Captain? What advice do you have for future captains?**

Having only come to TVAC this year none of the kids really know me too well and I don't really know the younger kids too well either, so I've been super appreciative of Ruby helping me with relay team organisations and such. But I have enjoyed watching all the kids support each other and cheer for everyone the only advice I have for other captains is that encouraging younger kids goes along way especially as you are a senior student whose influence actually impacts them, be a role model, participate and have fun.

### **6 What is one Bible verse that you enjoy the most?**

My favourite Bible verse changes like the weather but at the moment it is **Romans 8:38,39**. I just find it super encouraging especially in today's world, where everything has no stability but Jesus loves us and that won't change, which is awesome!



# SCENT *Concert*



**CAN TURN THE WORLD**

**SATURDAY. AUGUST 20<sup>TH</sup>**

**DINNER: 5:45PM | CONCERT: 7:15PM**

**WHERE: TWEED VALLEY ADVENTIST COLLEGE**

**TICKETS | ADULT: \$10 | CHILD (0-15 YRS): \$8 | FAMILY: \$30**

**FOOD SOLD SEPARATELY**

*"By this all people will know that you are My disciples,  
if you have love for one another."*

**John 13:35 ESV**

# AYC CONFERENCE 2022 P13

In June, senior students were given the opportunity to attend the Adventist Youth for Christ Convention, sponsored by local churches. With a theme of "Witness to All Nations", they learned how to share their faith with others. Once they received this training, they went out into the local community of Newcastle Beach and interviewed people, asking if they would like to learn more about the Bible. The group, along with several teachers, also came together for a choir performance. Coming home from the convention, the students felt more equipped to share their faith in practical ways.



At Murwillumbah Church, these students were given the opportunity to share their experiences at the program. Several students agreed that the outreach was their favourite part of the program. Sam, a Year 11 student, explained how he was "able to talk to someone...and pray with them and get their contacts for Bible studies. That was pretty powerful for my faith and also to think that maybe we've impacted someone else in their faith as well." Year 11 student, Gio, added, "it pushed a lot of us outside our comfort zone." Another Year 11 student, Micah says, "In the practical discipleship workshop, we learnt how to practically share our faith with others, and they really highlighted how a lot of the time we don't think we're capable of doing something, or we're scared that if we're by ourselves we can't do it, but we learnt that it doesn't matter what strengths we have, but God will always provide the strength."



# AYC CONFERENCE 2022 P14



"A funny part of the weekend was that Carlo conducted the choir since Mrs McKay, Mr Fua, and Mrs Duffy weren't there! He borrowed clothes from a couple of different people to come up with his outfit."

- Miss Husband



# COMMONWEALTH GAMES P15

From the city of Birmingham in England, 72 teams competed in the 2022 Commonwealth Games from July 28 to August 8. Australia claimed first place in the Games for both the collective medal tally and the gold medal tally. England was close behind, finishing with 176 medals, two less than Australia.

On the opening day of the Commonwealth Games, a message was released from the president of the Commonwealth Games Federation.

*"The Games are more than just about sport, they are the greatest manifestation of the Commonwealth: our extraordinary collection of countries linked together through a myriad of bonds of common interests and relationships. The parallel arts festival is an integral part of this celebration and reminds us of our shared values and the tremendous talent that exists across our family of nations."*

Another message was revealed the morning of the opening of the Games. Carried in the Queen's baton across the Commonwealth countries, Queen Elizabeth says, *"over the years, the coming together of so many for the 'Friendly Games' has created memorable shared experiences, established long standing relationships, and even created some friendly rivalries! But above all they remind us of our connection with one another, wherever we may be in the world, as part of the Commonwealth family of nations."*

Our school is home to students from countries all over the Commonwealth—England, Singapore, Canada, India and Kenya are just some examples. Learning about the heritage of our schoolmates is one of the many ways to build a sense of community and connection in our school and in our own lives.

Get to know these students (and teachers) on the following pages!



## Chloe Vanuatu

### Q. How are you connected to Vanuatu?

My mum is from Vanuatu

### Q. Do you play any sports?

I play basketball and netball for sports.

### Q. What is your favourite food from Vanuatu?

Probably this food called tuluk, it's yum!



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## Grace South Africa

### Q. How are you connected to South Africa?

My dad was born in Cape Town South Africa and his family is all from there too, so I'm half South African but I was born in Sydney not over there.

### Q. What is your favourite food from South Africa?

I enjoy all the food over there, everything is really nice but there is one dessert thing called a koeksisters which is like a donut and when we get time we make some.

### Q. Have you ever been to South Africa?

I've been to South Africa twice, and I just really enjoyed being able to try so many new things and go to amazing places that aren't here in Australia...One thing I really enjoyed was sneaking into a palace and pretended we were rich and with them thinking we were rich they sat us down for a high tea and went swimming in their pool and got a ride in a expensive chauffeur driven car which was pretty cool.



## Tiffany

Kenya

### Q. How are you connected to Kenya?

My people, culture and heritage are from Kenya.

### Q. What is your favourite food from Kenya?

A few of my favourite foods and meals from Kenya include Chapati, Githeri and Pilau.

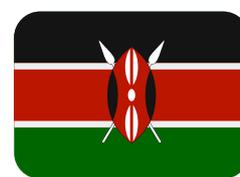
Chapati - The unleavened flatbread chapati, also known as roti, chapo, and roshi, is a common food in India, Nepal, Bangladesh, Pakistan, Sri Lanka, East Africa, the Arabian Peninsula, and the Caribbean.

Githeri - A traditional meal of maize, legumes, corn and potato, mostly beans of any type mixed and boiled together. When it is ready to eat and on the plate, avocado with salt is added to complete the meal.

Pilau - East african rice dish, with many spices that add flavour to the rice, made with either beef, chicken or goat.

### Q. Tell us an interesting fact about Kenya.

Kenya has 50 national reserves and parks and over 60 languages and dialects are spoken in Kenya.



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## Harri

Singapore

### Q. How are you connected to Singapore?

I was born in Vietnam...but both my parents recognised that Vietnam wouldn't be the best place for me to grow up.

My father went job searching for some international schools in Singapore and got accepted... During this period of time, I also attended school [here].



I learned a lot about the history and culture of Singapore and other Asian countries, and this is mainly how I am connected to Singapore. In the future after school, I want to revisit the place, as it holds many memories for me.

**Q. If Australia was versing Singapore, who would you cheer for?**

I would cheer for Singapore, as it was the main country that I grew up in. I also took an interest in swimming, after seeing Singaporean swimmers become quite successful in different Olympic games.

**Q. What is your favourite food from Singapore?**

My favourite food from Singapore would have to be a Vietnamese dish which Singapore adopted, known as Pho. Pho is a noodle soup with broth made from beef bones. My mother would always make this dish at least once a week, but stalls around food markets also served Pho.

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## Mr Williams

Jamaica

**Q. How are you connected to Jamaica?**

My father was born in Kingston, Jamaica. So that's how I'm connected to Jamaica.

**Q. Have you ever been to Jamaica? What was your favourite part about it?**

I have. I went there when I was 11 I think. All I remember was a lot of singing and music being played around! So I guess that was my favourite part.

**Q. How do you feel about Jamaica beginning to cut ties with the Commonwealth?**

To be honest, I had no idea that Jamaica was doing that! I don't feel anything about it actually, so I'm not too sure what to say.





# TVAC SPORT 2022



# Around the School

