



ISSUE 1

16-06-22

- TVAC -  
**TALK**



A student run newsletter, bringing you big events,  
student led interviews, and guest speakers!

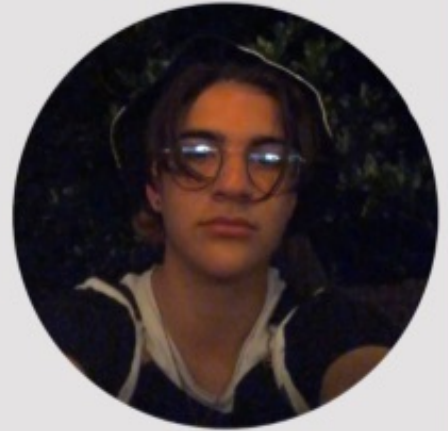
# — MEET THE TEAM —



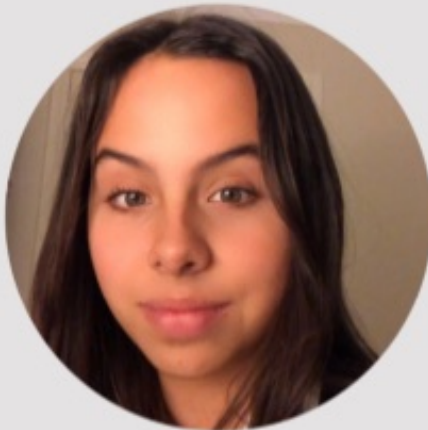
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## GUEST INTERVIEW — FROM —

**RUBY & JOHN**



## MRS FUA

"Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity. 1 Timothy 4:12

Welcome to the very first edition of the 'TVAC Talk'! What was a brief idea mere weeks ago has quickly blossomed into a student run newspaper aimed at highlighting both school and individual achievements and sharing the student voice.

The aim of TVAC Talk is first and foremost to provide students with a platform to share school news, achievements, written and visual work. It similarly aims to provide TVAC parents and families with a greater connection to the school community. Although the title of 'editor' may be attached next to my name, it is with great delight that I am able to admit I am mainly here for support and the facilitation of a well-run initiative. God has blessed our students with a variety of talents, and I look forward to helping highlight this. It is made evident in 1 Thessalonians 5:11 that we as a church community should "encourage one another and build each other up".

Therefore, one goal of TVAC Talk is to encourage the talents of our students and have a community where achievements and the fruits of the spirit are valued and supported. Over the coming editions, our students will be encouraged to submit creative writing, articles, personal achievements, or even recommendations of areas for TVAC Talk to cover. I am very excited to see the students in our school showcase their talents in a variety of areas and am looking forward to witnessing the positive impact this will have on our school/community relationships.

If you are a student and are interested in participating or contributing to this newsletter, please don't hesitate to email me with your submission or idea.

My email is [lfua@tvac.nsw.edu.au](mailto:lfua@tvac.nsw.edu.au). We, the team of TVAC Talk, are excited to delve into a range of topics and look forward to seeing further student contribution.

God bless,  
Lauren Fua  
English Teacher | Editor





## MEGAN

Open any newspaper (if you have one). Read the glaring headlines on the front cover. Good news? Or is it bad news?

Most probably, the headlines emblazoned across the front page are reporting bad news. Bad news that is highly exaggerated, but nevertheless, bad news. We consume all of this bad news, and then we wonder why we're often sad. It's important to be informed. There's no use hiding from the bad news and negativity that is definitely surrounding us, but focusing on it, unless we can change it, won't help.

TVAC Talk aims to uplift the reader. Bad news and negativity is inevitable, but encouraging each other is one of many ways to overcome negativity. As you will read in an article in this edition, the TVAC choir recently performed at 'Grey Nomads', a camp for, to put it simply, people with grey hair who have the time to travel around. I have heard glowing reports from several of the grey-haired people. And while I believe the TVAC choir is amazing, I also bet a lot of the people at the camp were half deaf.

What mattered to them wasn't the quality of the singing, but who was singing.

Although I'm not old myself, I think the reason our grandparents and all old people are so enamoured with, and protective of, children and teenagers is because they remember what they were like at our age, and wish they had done something differently. They wish they didn't grow up so fast. They wish they had taken a stand instead of following the crowd. They wish they hadn't made that impulsive decision.

All they really want is for us to choose the right paths. The right path will look different for everyone, and while that path may seem unclear in our youth, it's in our youth that we can set an example with the words we use and the way we act (see 1 Timothy 4:12).

It's in our youth that we can especially be a positive influence.

One of the reasons I'm so excited for TVAC Talk is the platform to highlight the achievements we, as a school, and we, as an individual, are making in our youth. And I admit it, I'm also excited for TVAC Talk because while our high school doesn't have a library, at least it can have a newspaper.

Megan (Yr 10)



**“Let no one despise you  
for your youth,**

**but set the believers**

**an example *in speech,***

**in conduct, in love,  
in faith, in purity.”**

**1 Timothy 4:12**



# CHOIR TOUR

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“TVAC Choir Back on Tour!” Written by: Mrs Fua

Our school is blessed with an incredible amount of talent, especially within the area of music. Through the difficulties of the last few years, and the COVID pandemic, music has been one way that the TVAC staff and students have been able to connect (albeit virtually), with the community, in praise of our God. Until recently, the choir was unfortunately limited to online performances and pre-recorded videos. However, due to the changing nature of the COVID landscape, these last few weeks have been incredibly uplifting as the choir has been able to visit new locations!

When performing, the TVAC choir clearly highlights, and is testament to, the talent, effort, and attention to detail that students, teachers, and volunteers spend countless hours refining. The choir is continually growing, with more students joining every term, once again revealing the importance of this choir to the identity of TVAC. Currently, it has reached record numbers of participation, with above 70 people involved. With weekly rehearsals, and an ever-expanding repertoire of songs the choir still has plenty to deliver this year!



year! (Kayla (Yr.7), Sarah (Yr.12), and Ruby (Yr.12) performing an item)

In the last month alone, the TVAC school choir has been blessed by the opportunity to not only perform for the ‘Grey Nomads’ camp at Stuarts Point, but most recently led the service at Kingscliff Seventh-day Adventist Church this past Sabbath. The choir was met with abundant praise and gratitude from both locations! One key element of the choir is how a variety of students and teachers can use their God given talents to lead out in praise.



TVAC TALK



# CHOIR TOUR

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Within all the programs, students from a variety of year levels were able to sing together in worship of our God. TVAC Principal, Mr. Paul Fua, stated how he had many highlights of the recent Grey Nomads trips, as he "enjoyed every moment of it. One of my favourite parts of this trip was the Jerusalem song that we performed. I was also very impressed and grateful for the fact that we had 76 people on stage, which was quite amazing. I also loved the bus trip and sitting up the front, listening to all the students behind me singing."



(Choir performing at Kingscliff Seventh-day Adventist Church, 29/05/22)

When discussing the choir with students, you receive a positive range of responses. The below conversations reveal students' attitudes towards the choir, as well as their highlights from the recent trips. Rather than teachers summarising their thoughts, they have provided their answers in their own words, to clearly communicate the choir's impact in the school, and their individual lives.

**Q: What was your favourite part of the Grey Nomad's choir trip?**

"I loved seeing the joy on everyone's faces as our choir sang. I certainly did not think that they were going to enjoy it that much. There were also so many proud families who were amazed to see the harmonies that our choir could manage. I'm so glad that God has given us so many talents to praise him. I was surprised to see that already over 800 people have watched the live stream." (Kayla, Year 7)



TVAC TALK



# CHOIR TOUR

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"The trip down to Grey Nomads was filled with memorable experiences with fellow choir members and those around us. Despite the long journey, time passed quickly while we spent time with friends, talking and laughing amongst one another, and singing along to music that was playing at the back of the bus – one of the highlights of the trip." (Nela, Year 8)

"The bus trip down to Grey Nomads was very exciting and memorable! From the early departure to listening to music at the back of the bus, I really enjoyed the journey. The highlight for me was talking with my friends, the music, and catching a glimpse of the Sabbath sunrise." (Tahlia, Year 8)

Q: What is your favourite choir song?

"My favourite song that we sang was Song of Glory. I love this song because it talks about God's amazing love, grace and mercy." (Kayla, Year 7)

"The choir has a vast repertoire, filled with many different songs that encapsulate the praise that we want to give to our Heavenly Father. The particular song that stands out to me the most is called Jerusalem. This powerful song talks about heaven, ranging from the apostle John's vision to the broad golden streets that we will soon get to walk on. Three talented soloists also take part in this song, making it more remarkable, and I can surely say that I cannot keep a smile off my face while singing Jerusalem." (Nela, Year 8)

"Jerusalem! I really like this song because I feel so connected to the audience and to the choir as we sing about where we are going and what we all look forward to! I also love to see the joy and longing in the elderly people's faces as they think about heaven." (Tahlia, Year 8)

"Hmm the new one "Irish Blessing" is really pretty!" (Sarah, Year 12)

Q: What is the best part of being in the school choir?

"I love singing. It makes me so happy when I hear the amazing sounds that our choir produces, and the excitement when we nail our parts. Choir is my favourite time of the week. It sounds beautiful when 60-70 people all work together to praise God." (Kayla, Year 7)

"Being part of the choir is a blessing in itself since you are surrounded by many other students who love the Lord and declare their praises to Him through song. The best part of this experience is that you can see many people draw closer to God through the choir, which is an amazing thing to witness and be a part of." (Nela, Year 8)

"The best part about being in this choir is the encouragement that it gives me, and the thought of all the people that can be blessed by our singing. I am so glad that we can praise God with our peers, and that others can get to know Jesus better through this ministry!" (Tahlia, Year 8)





# CHOIR TOUR

"It is really special to sing and learn beautiful worship songs surrounded by so many talented people! I definitely recommend joining if you haven't already, it's a real blessing to not only those who hear us, but to ourselves as well." (Sarah, Year 12)

**Q:** Do you know of any comments the choir received? Were there any new fans gained?

"I'm sure everyone who went witnessed the many thanks and positive comments that were given. However, one thing I will never forget is this one old man in the audience. He was in a wheelchair and as far as I'm aware he never stopped smiling! The whole time we were singing, the biggest grin spread across his face! It warms my heart to know that God could use us to encourage this man and others." (Tahlia, Year 8)

These testimonies from the students are just some of multiple that can highlight the beauty of a spiritually based choir program. The Tweed Valley Adventist College choir will be visiting Murwillumbah Seventh-day Adventist Church next on June 18th. The students and teachers are excitedly preparing new songs and programs to showcase the talents of our school community. It is not a program to miss!




(Nela (Yr. 8) and Mrs McKay (Choir Leader) performing an item at Kingscliff SDA Church)

It is vital to note, that within the TVAC choir, the ultimate goal is not to gain praise for the individual or group of students, or to see who can sing the loudest. The goal of the choir is to use talent to point praise to our God, whose guiding hand has led the choir through the years of chaos past, and now guides the choir into the future.

If you would like further information regarding the upcoming program at Murwillumbah, please do not hesitate to get into contact with reception.

We hope to see you there!





“So do not fear,  
for I am with you;

do not be dismayed,  
for I am

**your God.**



I will strengthen you and help  
you; I will uphold you with

**my righteous  
right hand.”**

✦ Isaiah 41:10 ✦





**1. How have you found balancing being the school captain with completing your HSC?**

Finding a balance between being school captain and studying for HSC hasn't been too difficult for me. While there are definitely stressful periods with assignments piling up and the SRC planning upcoming events it hasn't overwhelmed me and I've still been able to perform 'decently' at all aspects of school.

**2. What does the role of a school captain look like?**

Being School Captain, it looks like any other student at TVAC – going to class, hanging out with friends and waiting for the weekend to come around – just with a few extra responsibilities. It involves looking out for the students, making sure peers are abiding by school policy and behaving appropriately, giving the odd speech at school-held events and meetings with SRC discussing future events for the school and how we can improve the culture.

**3. How do you think this role could benefit your future?**

Being school captain may not seem like a huge deal but it can have a significant impact on your future. For starters, it gives you good leadership training for the real world. University's take note that you were captain and can improve your admission chances by granting extra points. It also looks good on any resume.

**4. Do you have any advice for this year's school captain candidates?**

You should do this regardless but you need to make sure to interact with the younger grades. There is always a social stigma in which younger grades due to a lack of interaction between juniors and seniors which can be scary for them making seniors unapproachable. It's your responsibility to break the status quo and change this culture of neglect. We need a culture in which everyone is equal and valued!

**5. What advice would you give your year seven self?**

Don't take sport for granted. You really miss it in Senior years regardless of whether you're sporty or not!

**6. What bible verse do you turn to most often for a source of comfort?**

Psalm 27:12: The LORD is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?





## 1. How have you found balancing being the school captain with completing your HSC?

Being school captain is a really cool position, however it can at times be a little stressful balancing the two roles of student and captain. I've made it, especially in these past few weeks. A big priority to create schedules to work with in order to stay on track and not fall behind in my studies. Studying is important, but it's also important to remember to always check in your health, mental and physical. I like to regularly check in with myself when I start to feel like the balancing isn't going to well. This way it allows me to take a step back and see, in a different perspective what's really going on. This can look like a walk on the beach before I start a shift at work, journaling some quick thoughts about anything that makes sense to me, or even just listening to some good music or a podcast to get me motivated.

## 2. What does the role of a school captain look like?

From day to day, being school captain doesn't technically involve a lot. I think the over arching "role" of being school captain is that you are someone that every one feels comfortable to look to as an example or friend. I can't say I'm 100% a perfect role model 24/7 but I constantly am looking to be a good leader for my peers to look to.

## 3. How do you think this role could benefit your future?

Being school captain comes with responsibilities, these responsibilities develop character skills that eventually will help you in the adult world. I'm always learning ways to communicate more clearly my thoughts and being able to handle responsibilities of all kinds. These habits that turn into traits are not to be taken lightly as they are so important in being able to express you thoughts, ideas, and personality in the big world.

## 4. Do you have any advice for this year's school captain candidates?

I would say to truly be yourself. Don't try and make yourself look great in order to appease students because in reality they can see straight through it. If you are genuine and honest about what you plan to bring to the schools atmosphere then the right people will vote for you. It's so rewarding being able to achieve something because of your character not because of your accomplishments.

## 5. What advice would you give your year seven self?

Don't stress about it! Enjoy these following years with your friends and in developing skills like dedication, self discipline, determination and most importantly being a good friend even to those who don't always deserve it. These are the years that matter most, the decisions you make create your future self so make them count.

## 6. What bible verse do you turn to most often for a source of comfort?

2 Corinthians 12:9 "And He said to me, "My grace is sufficient for you, for My power is made perfect in weakness."





For the past two weeks, Year 10 Commerce students have been trying their hand at setting up a small business. Gravitating towards food products, TVAC students and staff have had the opportunity to purchase toffee apple, mac and cheese toasties, hot chocolate, boba tea, cookies, custard jelly cups, fairy bread, chocolate rice krispies, smoothies, eggnog, popcorn and hot chocolate bombs. Take a look at some of the advertisements below.



FROM TWEED VALEY ADVENTIST COLLEGE

## COOKIES NOW AVAILABLE

Find Noah to pre-order your cookies now!

5 COOKIES FOR ONLY \$4

Available from the 23rd May Week 5  
All Profits from this business will go toward the school.



★

## Premade

### Dinner

Vegetarian  
Butter Chicken

# \$5

- ✓ Vegan
- ✓ Gluten Free
- ✓ Dairy Free



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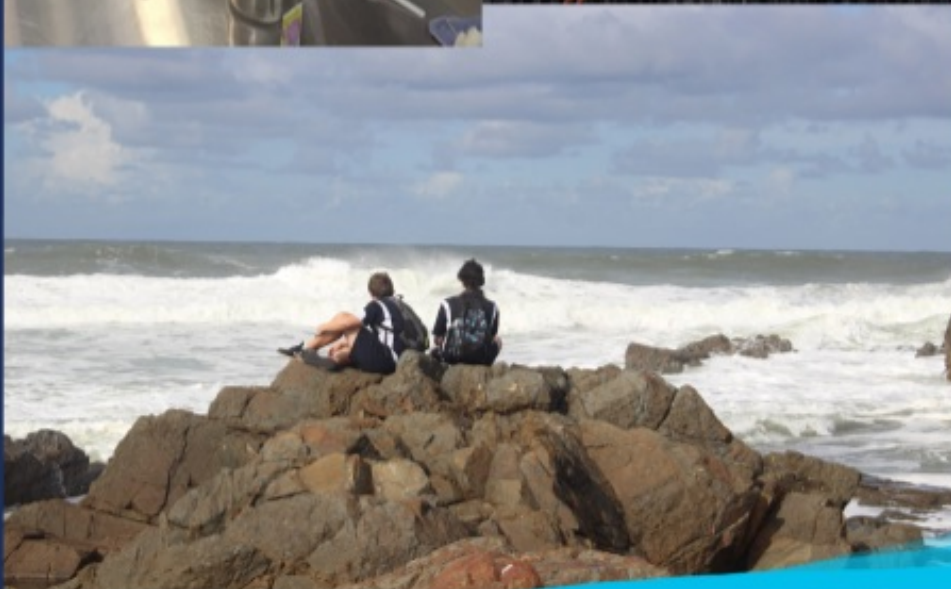
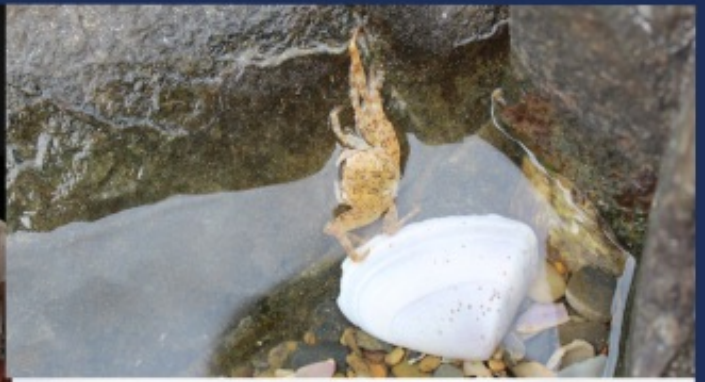
All profits from this business will be retained for the private use of the business.

"My biggest regret is agreeing to buy 1 item from each student. This has meant cookies, macaroni cheese sandwiches, jelly cups hot chocolate, eggnog, and many other health items."

Mr Jones (Year 10 Commerce Teacher)











TVAC TALK